Yet decision tree

What's on your mind – more than you would like?

- How I feel
- A personal problem
- A professional problem
- Tomorrow's weather

What trait or skill would you like to improve?

- Mental well-being
- Coping with stress
- Something else
- Healthy lifestyle
- Meaningful life
- Setting career goals
- Leadership
- Meaningful work
- Coping with change

Are you prepared to take action?

- Yes
- I need more information

What do you need?

- Listening ear
- Encouragement
- Practical tips
- Overview
- Advice

You're doing just fine. Keep that up!

Yes! At Yet, we can offer you that. Let's schedule a conversation.

yet