**Subject:** Support When You Need It — One Free Session with a Yet Professional

Dear [Name/Team],

At times, we all face challenges — moments when a little extra support can make a big difference. That’s why, at [your organization], we’re offering you a personal session with a professional from **Yet** — completely free of charge.

Whether you’re feeling stuck at work, dealing with stress, navigating a conflict, or simply want support to move toward a personal goal, **one good conversation** can help you find clarity and take the next step forward.

The best part? You decide when the timing is right — with **no waiting list** and flexible availability, including evenings and weekends.
Booking is easy: online, in your own time, and you choose the type of expert that fits your needs best — from a psychologist or work-life coach to a career advisor. Two short questions on the site help you choose. The one-on-one session takes place online and lasts about an hour — no travel time, no hassle. And of course, everything you discuss is **completely confidential**, so you can speak freely about whatever’s on your mind.

### **Here’s how to book your session:**

1. Go to <https://yet.nl/en/plan>
2. Answer two short questions to help match you with the right professional
3. Pick a day and time that works for you
4. When confirming your session, enter our company code: **XXXX** to book for free
5. You’ll receive a confirmation email with a link to your private video call

At [your organization], we believe a supportive environment helps everyone thrive — and we hope this offer helps you feel just that.
So if something’s on your mind, don’t hesitate to reach out.

Warm regards,
[Name / Team / HR / etc.]